THE ANTIPHONS

The O Antiphons are ancient prayers that date back to as early as the fourth century. They reflect the increasing urgency with which the Israelites begged God to save His people, from the time of Moses through the night before the birth of Christ.

Prayed each day from Dec. 17 through Dec. 23, each Antiphon is a name of Jesus that can be found in the Old Testament. The prayers remain as relevant today as they were hundreds of years ago, and implore us to remember that Christ will indeed come again.

Veni, Veni, Emmanuel O Come, O Come Emmanuel



SAPIENTIA

DECEMBER 17

O Wisdom, coming forth from the mouth of the Most High, reaching from one end to the other, mightily and sweetly ordering all things: Come and teach us the way of prudence.



ADONAI DECEMBER 18

O Adonai, and leader of the House of Israel, who appeared to Moses in the fire of the burning bush and gave him the law on Sinai: Come and redeem us with an outstretched arm.



RADIX JESSE DECEMBER 19

O Root of Jesse, standing as a sign among the peoples; before you kings will shut their mouths, to you the nations will make their prayer: Come and deliver us, and delay no longer.



O Key of David and sceptre of the House of Israel; you open and no one can shut; you shut and no one can open: Come and lead the prisoners from the prison house, those who dwell in darkness and the shadow of death.



O Morning Star, splendour of light eternal and sun of righteousness: Come and enlighten those who dwell in darkness and the shadow of death.



Rex Gentium

DECEMBER 22

O King of the nations, and their desire, the cornerstone making both one: Come and save the human race, which you fashioned from clay.



EMMANUEL

DECEMBER 23

O Emmanuel, our king and our lawgiver, the hope of the nations and their Saviour:

Come and save us, O Lord our God.